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TOGETHER IS BETTER



Winter Edition

Reflections of an Eventful Year 2022

In spite of the set backs of the Covid years it hasn't stopped the determination of the **Diamonds** Team to see the programme through. What a year it has been! What with the completion of the **Diamonds Feasibility study** and then with agreement from the NIHR sponsors meant that the **Diamonds Intervention** could proceed to a National Trial. After a lot of collaborative work, negotiation and no doubt some sleepless nights too, there are now several NHS sites currently open to recruitment to the **Diamonds Randomised Control Trial (RCT)**

The following sites are now recruiting

- Leeds and York Partnership NHS Foundation Trust
- Sheffield Health and Social Care NHS Foundation Trust
- Tees, Esk and Wear Valleys NHS Foundation Trust,
- Bradford District Care NHS Foundation Trust
- South West Yorkshire Partnership NHS Foundation Trust,
- Humber Teaching NHS Foundation Trust
- Southern Health NHS Foundation Trust

For further information please visit our website for updates: <https://www.diamondscollaboration.org.uk/>

Thank you Diamonds voice

Diamonds Voice continues to play a vital role in the success of this project and is very much part of the **Diamonds Team**. This year has been no exception with contributions to the interpretation of study findings, publications, the development of **Diamonds** resources and website. Also, sharing our experiences at the **CLEAR** online Conference hosted by Bradford District Care Trust in June this year.

Their continued support has not only helped the progress and profile of this research programme but other related projects too. Recently, their collective experience and insights into the challenges of **Severe Mental Illness** has attracted other research teams to draw upon their wealth of expertise to develop new grant applications and implement service improvements. For example, see overleaf concerning the **Primrose** project in the Bradford area.

Health Matters for those living with Severe Mental Illness

Primrose



We would like to thank everyone in **Diamonds Voice** who have been incredibly valuable in supporting us with the **UCLP-Primrose project** (development of both the intervention and research) and share a short progress update. [For those who might not have been involved yet, UCLP-Primrose is an integrated service for patients with **severe mental illness**, to support those at risk of **cardiovascular disease**. You can read about the history of Primrose on our website: <https://uclpartners.com/our-priorities/cardiovascular/proactive-care/uclpartners-primrose/>]

We are about 8 months in - **Diamonds Voice** have been a huge help with their input on some of the adapted materials (such as a patient facing booklet and training video scripts), **UCL Partners** have now created most of the materials needed to train and support staff to deliver UCLP-Primrose, with only a few training videos left to film [stay tuned for these]. Initial training sessions started in November, and clinicians across the participating sites in Bradford and London will receive the full training in the New Year. You can see their website to see the materials and read more about the intervention.

UCL and Bradford's Improvement Academy are researching how **UCLP-Primrose** is getting set up and delivered. **Diamonds Voice** have supported us to develop the processes to involve patients in our research as well as informing amendments to patient facing research documents - we have ethics approval and have started with our clinician interviews! Additionally, the UCL website is being updated in line with **Diamonds Voice** suggestions such as creating a space for more information for patient participants which will include accessible versions of documents.

Finally, **Diamonds Voice** members have been joining the UCLP-Primrose team as public contributors in meetings across the research theme of multiple-long term conditions. This has and will continue to be important to sharing learnings from across national projects.

We are really grateful for the work we have been able to do with **Diamonds Voice** so far, and we are keen to keep working with you. We will be in touch in the New Year!

All the best Pippa, Zuneera, Gemma, and Orla



SEVERE MENTAL ILLNESS AND KIDNEY DISEASE

At our last autumn meeting Claire Carswell presented the issues related to SMI and Kidney disease and the potential of future research in this area. The plan is to submit this as a research proposal as part of an application to the NIHR Advanced Fellowship in January 2023. We look forward to hearing how this might progress further in the New Year. If you wish to know more please contact us.



For further information concerning any of the **Diamonds** projects or **Diamonds Voice** activities either visit our website: <https://www.diamondscollaboration.org.uk/>

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