



## DIAMONDS Voice on Tour

This year we visited several support groups and events to raise the profile of DIAMONDS research. In June some of us took part in the **Festival of Ideas at York** earlier in the year. This was a great opportunity to share our lived experiences, discuss the challenges of accessing health services and managing our mental illness and our other health conditions. We were also invited to **Roshnigar** in June, who were a great help in advising us on translating documents into Urdu. We then visited **Rethink** in Harrogate. In October we are looking forward to presenting online at an Involvement group meeting in Leeds. If you would like us to present at an involvement or support group near you; whether in person or on zoom, do get in touch with us. The contact details are below.

## Congratulations !

**DIAMONDS Research Fellow Claire Carswell** has been awarded an National Institute of Health Research Advanced Fellowship to explore the issues related to severe mental illness (SMI) and kidney disease.

Her research will focus on how SMI influences people's risk of getting kidney disease, how they cope with it, and how kidney disease impacts the health and wellbeing of people with SMI over time. She will stay at the University of York to complete her fellowship, which will start in March 2024 and will last four years.

She passes on her thanks for all the support DIAMONDS Voice have provided in preparing the application.

For further information concerning any of the DIAMONDS projects or DIAMONDS Voice activities either visit our website: <https://www.diamondscollaboration.org.uk/>  
**Twitter:** @diamonds\_nihr  
or contact Angie Ross. E: [ppihealthresearch@gmail.com](mailto:ppihealthresearch@gmail.com) T: 07588329185

**Improving health outcomes and services for those living with Severe Mental Illness**

# DIAMONDS

**DIAMONDS** is going from strength to strength!

We have opened our national trial to recruitment and we now have recruited over 150 people into our

study. We want to thank you to all our recruiting sites for their continued hard work. We are also working on bringing DIAMONDS to a wider range of people. We have been working closely with the Ethnic Minority Research Inclusion network to translate our workbook and study materials into Urdu. Together we are looking at ways to make research summaries and infographics available in different languages. Thank you to Roshni Ghar who have been helping and supporting us in this project.



Also, we have been busy writing papers and presenting at conferences. We have published a paper on the steps we took to create the DIAMONDS intervention, which is available in the Journal of Medical Internet Research. We have also been spreading the word, in March our programme manager presented at the Leeds and York Partnership Foundation Trust event 'Research for all' and in June, as part of the York Festival of Ideas, we hosted a panel discussion on physical and mental health.

## Welcome to the DIAMONDS Team



Hi my name is **Grace O'Carroll** and I am one of the researchers helping to run the DIAMONDS study. My background is in clinical sport science with my PhD looking at traumatic brain injury recovery with exercise. For the DIAMONDS study, I coordinate with our participating NHS Trusts to ensure they are supported and have the relevant documentation, hold discussions on how we can improve our recruitment and retention strategies, amend study documentation to fit the needs of the participants, and report on study updates to the wider study team.